



MENU OF SERVICES

CLASSIC SKIN CARE SERVICES

Take a moment to relax...you deserve it! Our classic skin care services provide the relaxation of a traditional spa treatment with the effectiveness you would expect from medical skin care specialists!

EVOLV SIGNATURE FACIAL

This customized facial incorporates medically-based products to deep cleanse and hydrate while physician-strength exfoliants immediately improve texture and protect absorption. Warm steam, extractions and massage make this treatment both therapeutic and relaxing. 60 minutes, \$90

EVOLV URBAN FACIAL

On the run? This express facial includes deep cleansing, exfoliation (dermaplane or enzyme), extractions, mask and hydration. Feel revitalized and ready to face the world. 30 minutes, \$60

JUST FOR MEN

This relaxing experience is designed specifically for a man's unique skincare needs. Deep cleansing and exfoliation under steam helps to purify the skin and eliminate excess oil. Gentle extractions un-clog the pores and improve texture. A massage and customized mask complete this masculine treatment. 45 minutes, \$60

BREAKOUT CONTROL TREATMENT

This innovative acne remedy addresses both adult acne and teen breakout. A combination of alpha- and beta-hydroxy acids exfoliates the skin while reducing inflammation and bacteria. Increased circulation will assist in healing existing breakouts. Results are noticeable after just one treatment and subsequent treatments will be preventative. Initial treatment-60 minutes, \$100; Subsequent treatments-45 minutes, \$75

LYMPHATIC FACIAL

This unique massage technique is commonly performed post-surgically to aid in the reduction of swelling and bruising, relieve stiffness and pain, and promote relaxation. Manual Lymphatic Drainage has been proven to aid in the body's recovery and recirculation of body fluids. 30 minutes, \$40

ENZYME TREATMENT

This soothing treatment is excellent for peeling, dry skin. Gentle enzymes dissolve flaking dead skin cells without irritating even the most sensitized skin. Excellent after deeper chemical peels, IPL or Fraxel laser treatments to expedite the healing process. This is also a great treatment during the initial correction phase of the Obagi Nu-Derm System to minimize peeling and flaking. 45 minutes, \$60

ADD-ON SERVICES

The best of both worlds! Make a relaxing classic more corrective or vice versa!

ACIDS WITH FACIAL – get a boost to your facial with this add-on! Your aesthetician will choose the best peel solution to add into your service.

DERMAPLANE – a gentle exfoliation of the top layer of skin, removing dead skin cells and fine hair on the face.

PARAFFIN DIP – a wonderful treat for the hands or feet, keeps skin hydrated, soft and so smooth.

WAXING – did you know our aestheticians can wax brows or lip while you have your treatment? No need to go anywhere else!

CORRECTIVE SKIN CARE SERVICES

evolv medical aesthetics offers a variety of corrective skin care treatments and peels. These treatments vary in function, formulation, and strength, and can be performed on any area of the body to improve skin health. A medical aesthetician will consult with you and perform a thorough evaluation in order to decide which treatment will most effectively address your skincare needs.

INITIAL EVALUATION WITH VISIA ANALYSIS

We all have something about our skin we'd like to change. Whether it be fine lines and wrinkles, pore size, rosacea, or age spots the aestheticians at evolv can help you tackle just about any skincare challenge. Meet with an aesthetician for a thorough discussion of your questions and concerns, a computer analysis of your skin with our VISIA Imaging System, and a customized home care regimen designed just for you. 60 minutes, \$50

ADD A TREATMENT Your aesthetician will help you determine the best treatment to address your concerns and skin type. Add 30 minutes, prices vary according to selected treatment.

DERMAPLANE

This is a gentle exfoliation of the top layer of skin, removing dead skin cells and fine hair on the face. This procedure can be done with most peels for more effective treatments, or may be added to a facial. Can be done on its own for those who may not tolerate peels or facial waxing, and is a great way to freshen up between peels. 30 minutes, \$45

PHYSICIAN'S CHOICE OF ARIZONA (PCA) PEELS

PCA peels utilize blended acid solutions for easily customized treatments. These peels can address almost any skin issue, from hyperpigmentation (brown spots) to wrinkles, active acne and scarring, and textural concerns. Dermaplaning is done with PCA peels if applicable. 30 minutes, \$80

VITALIZE PEEL

The Vitalize Peel by SkinMedica uses alpha-hydroxy and retinoic acids in a unique blend to provide a strong but gentle treatment that is appropriate for all skin types. Appropriate for all skin types, Vitalize Peel will benefit skin that is sun-damaged, aging, blemish-prone, acne scarred, and/or hyperpigmented. 30 minutes, \$130

ILLUMINIZE PEEL

The Illuminize Peel by SkinMedica uses common peeling agents Salicylic acid and Resorcinol with a new generation of alpha hydroxy acids to maximize results with low irritation. Illuminize Peel is effective on photo-damaged skin, fine lines and wrinkles, and pigmentation issues. Perfect for those who have never tried a chemical peel or who are looking for a gentle, superficial peel to increase glow and radiance. Try one before your next big event for a rejuvenated, healthy look! 30 minutes, \$115

BLUE PEEL

The Blue Peel by Obagi uses Trichloroacetic Acid (TCA) blended with the patented Obagi Blue Base. The Base helps your aesthetician manage the strength and depth of the treatment, and may leave the peeled area blue-tinted for 12-24 hours. This peel does have a recovery period, and may require mild sedation, depending on patient tolerance. Patients must be prepped on the Obagi NuDerm System for 12 weeks before a Blue Peel can be done. 60 minutes, \$525

MAKEUP SERVICES

In our efforts to provide you with the best products available, we are proud to offer Jane Iredale mineral cosmetics! More than just a color cosmetic, Jane Iredale uses pharmaceutical grade mineral ingredients that actually provide benefits to the skin - unlike traditional makeup that can cause irritation or worsen existing skin conditions. Mineral cosmetics naturally provide sun protection--preventing premature aging and skin cancer, are soothing on irritated or post-treatment skin, have antibacterial properties (inert minerals do not support bacteria growth), and have a luminous finish on the skin, leaving you with a healthy glow!

COLOR MATCH

One of our makeup artists will match you up with your perfect shade and type of base. 15 minutes, no charge.

MAKEUP LESSON/CONSULTATION

Clueless about makeup or just need a new look? One of our makeup artists will spend a half-hour showing you the best colors for your skin tone and techniques that work wonders. 30 minutes, \$30. Purchase any three makeup items and the service is complimentary!

MAKEUP APPLICATION

Have a special occasion you need to look your best for? Let one of our professionals handle your makeup application needs, all you need is something great to wear...60 minutes, \$65.

PERMANENT MAKEUP

Permanent Makeup, also called Micropigmentation, is a procedure in which natural pigments are inserted into the skin. Special equipment and dyes are used for this procedure, which is performed under local anesthetic. Permanent cosmetics provide a solution to those with allergies to cosmetics, thinning brows or lashes, chemotherapy and alopecia patients, those with oily skin which causes makeup to smudge, or those with active lifestyles. A consultation is required prior to the permanent makeup procedure; the \$50 charge for the consultation will be deducted from the total cost.

Upper Liner - \$250

Upper and Lower Liner - \$400

Camouflage - varies

Lower Liner - \$250

Eyebrows - \$600

Full Lips - \$700

WAXING SERVICES

Brows - \$12

Lower Arms - \$25

Upper Arms - \$25

Full Arms - \$45

Full Leg & Bikini - \$90

Chin - \$12

Full Back - \$60

Full Leg - \$60

Lip - \$12

Upper Back - \$35

Full Face - \$30

Underarms - \$20

Lower Leg - \$40

MASSAGE AND BODY THERAPIES

Experience what compassionate touch can do for your body, mind, and spirit. Our therapies are designed to provide the ultimate in relaxation, setting the stage for your body to detoxify and repair itself--the natural way.

EVOLV SIGNATURE MASSAGE

Melt away stress with the light, rhythmic strokes and pampering of a Swedish massage, or allow your therapist to tackle sore muscles and chronic aches with a deeper, more therapeutic approach. Your customized experience will relieve stress, stimulate circulation, and detoxify the body, restoring harmony and balance into your world. 30 minutes, \$55; 50 minutes, \$75; 90 minutes, \$120

AROMATHERAPY MASSAGE

The power of essential oils is used in this therapy to help treat specific health issues such as stress and anxiety, migraine headaches, sinus problems, arthritis, fibromyalgia and more. Your therapist will blend a customized formula of essential oils to use in your aromatherapy treatment. When your massage is complete, take your customized blend home with you for maximum benefits. 50 minutes, \$85

PREGNANCY MASSAGE

Our experienced massage therapists use gentle pressure to relieve back and sciatic pain - two common complaints of expectant mommies! Special attention is also given to the legs to ease muscle cramping. We expect this treatment to be at the top of every mother-to-be's pregnancy to-do list! 50 minutes, \$80

LASTONE THERAPY

This exquisite treatment uses stones for work on the body and for placement under and on the body during treatment. Alternating the application of heated and chilled stones to the body maximizes the effect of the stones. This massage can be therapeutic and relaxing, while increasing circulation, reducing inflammation, and releasing tension. 75 minutes, \$115

THAI HERBAL THERAPY

This is truly a one-of-a-kind treatment! Our therapists incorporate an ancient Thai technique into a therapeutic massage. A blend of herbs in a gauze fabric ball is soaked in a warm solution and is used as a compress on different areas of the body. This technique uses acupressure along energy force lines and helps to increase circulation, draw out toxins, and produces an anti-inflammatory effect. Available exclusively at evolv urban spa. 50 minutes, \$90

THAI HERBAL THERAPY - HEAD, NECK, SHOULDERS AND FACE

A mini-version of the original - the ultimate in relaxation and herbal anti-inflammatory treatment! 30 minutes, \$65

MIGRAINE THERAPY MASSAGE

This specialty massage technique attempts to determine the cause of each individual's migraine triggers (environment, hormones, food allergies, and stress) and then treats with a specific essential oil blend tailored to that trigger. This treatment can be done preventatively or during a migraine attack. Specific precautions are taken to aid in the patient's comfort – dimmed lights, no music. Cold stones and gentle touch to pressure points help to relieve pain and inflammation. 45 minutes, \$55

MANUAL LYMPHATIC MASSAGE

A specially trained therapist applies a gentle, rhythmic touch, which stimulates the immune system and parasympathetic nervous system. This advanced technique increases circulation, releases toxins, promotes healing of tissues, and provides relief from swelling and bruising. Manual Lymphatic Massage also relieves chronic pain and encourages healthy skin functionality. This treatment is an excellent choice for after surgery and for deep relaxation. 30 minutes, \$50; 45 minutes, \$75

ULTRASOUND THERAPY

Therapeutic ultrasound is used by therapists to treat soft tissue injuries. Ultrasonic waves are utilized on the surface of the skin to promote the healing capabilities of soft tissue. This procedure reduces pain, muscle spasm, bruising, and scar tissue on any part of the face or body. 30 minutes, \$30

REFLEXOLOGY

Reflexology is a science based on the principle that there are reflex areas in the feet and hands which correspond to all parts of the body, including bones, muscles, glands, and organs. This treatment relieves stress and tension, improves blood supply, and helps the body achieve homeostasis. 30 minutes, \$50

SABAI BODY POLISHING SCRUB

Experience pure bliss with our exotic exfoliating scrub. Your massage therapist will first stimulate your body with a vigorous scrub using exotic fragrances. Next your body will be bathed in warm towels, hydrating lotions, and essential oils. This is a wonderful treatment for dry skin or before a special occasion when you want your body to look and feel smooth and supple. 30 minutes, \$55

SABAI FOOT SCRUB

The perfect complement to a reflexology session! This foot scrub treatment begins with a relaxing soak, followed by a mud exfoliation and massage. Application of a fragrant foot hydrator completes the treatment. Choose between a scalp massage or a hand and arm massage while you soak! 30 minutes, \$50

ROSEMUD HYDRATING COCOON WRAP

This treatment begins with body brushing to aid absorption through the skin. RoseMud is then applied to the body, and while you masque in the cocoon-like wrap your therapist will treat you to a relaxing scalp and foot massage. The mud is removed with warm, damp towels and the treatment is completed with an application of a hydrating lotion. This wrap has both extreme moisturizing and cleansing properties. 60 minutes, \$95

DETOXIFYING MUD WRAP

Our black baltic mud wrap penetrates pores to unleash the effects of its core therapeutic agent - humic acid. This ingredient purifies the skin and begins the detoxification process. The mud wrap treatment begins with body brushing, which helps skin to better absorb ingredients. Your therapist then applies the baltic mud and wraps the body, then performs a scalp and foot massage. After removing the mud, the treatment is completed with application of hydrating body butter. 60 minutes, \$90

NUTRITION AND SUPPLEMENT CONSULTATION

At evolv medical aesthetics, we know that looking good is a result of taking care of yourself, inside and out. That is why we have added nutrition and supplement consultation to our menu of services, partnering with Metagenics. Nutritional services are provided by our staff under the guidance of Dr. Frank Barone. We provide this service to patients to help them make choices every day that will enhance health and help prevent disease.

One Visit (one hour session) - \$50

3 Visits - \$125 (\$42 each)

5 Visits - \$200 (\$40 each)