

# MENU OF SERVICES



Evolv medical aesthetics specializes in comprehensive, personalized programs in advanced medical skin care, body therapies and massage all with the most caring and compassionate touch.

Our physician supervised services and products are the result of over 20 years of education, patient care and advanced research in aesthetic medicine.

Thank you for entrusting us with your skin and body care. We hope to stimulate your mind, heal and nurture your body and soothe your spirit.

How will you evolve?

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## OUR MISSION:

At evolV medical aesthetics, our practice is devoted to the science and art of medical skin and body care.

As developer of the region's first medical skin care practice, Dr. Frank Barone, a nationally-recognized board certified plastic surgeon, has over 20 years experience in progressive skin and body care therapies. In addition to rejuvenative and corrective medical skin care, evolV also has considerable experience and interest in skin cancer prevention and treatment as well as age management options.

The medical aestheticians and licensed massage therapists at evolV have all completed advanced training programs and certifications, and are involved in ongoing continuing education in addition to years of experience and expertise in patient care.

Our promise to our patients is to provide the most effective and proven skin and body care services and products based on clinical experience, safety and proven results. We also value long-term relationships with our patients.

## CORRECTIVE SKIN CARE SERVICES

*Evolv medical aesthetics and Dr. Barone have developed a variety of corrective and rejuvenative skin treatments. These comprehensive and customized programs often involve a thorough skin history and physical exam including a skin analysis, along with in-office treatments and a home care regimen consisting of medical grade skin care products.*

### INITIAL CONSULTATION WITH VISIA ANALYSIS

Meet your medical aesthetician who will complete a thorough skin history and physical exam, VISIA Analysis, as well as discuss your specific skin care concerns. The VISIA Imaging System consists of a computerized complexion analysis and is the most effective way to identify and document the often hidden effects of sun and aging. The VISIA can also be used to precisely monitor your treatment progress and document results. A personalized home care regimen based on your exam, goals and VISIA will be recommended. 60 minutes, \$60

**ADD A TREATMENT** Your aesthetician will help you determine the best treatment to address your concerns and skin type. Add 30 minutes; prices vary according to selected treatment.

## EXFOLIATION

Exfoliation involves the removal of dead skin cells, debris, oils, makeup, and other particles that effect skin health. Proper cleansers and an appropriate home care regimen are important but the addition of gentle physical exfoliation by dermaplaning or microdermabrasion can provide significant benefits. These techniques improve skin appearance, may reduce fine lines, can remove unwanted hair, and stimulate skin cell turnover. They also improve the penetration and absorption of skin care products, and may be used prior to a peel for more aggressive treatment.

## **DERMAPLANE**

This is a gentle exfoliation of the top layer of skin, removing dead skin cells and fine hair on the face. This procedure can be done with most peels for more effective product absorption, or may be added to a facial. Dermaplaning may be done on its own for those who may not tolerate peels or facial waxing, and is a great way to rejuvenate the complexion between peels. 30 minutes, \$45

## **DIAMOND MICRODERMABRASION**

Microdermabrasion provides a gentle physical exfoliation of the top layer of skin, and can be used on the face, chest, hands and back. We use crystal-free diamond tip microdermabrasion because it offers a cleaner and more precise treatment without leaving stray crystals which can irritate the eyes, nose and mouth. Treatments can be customized to the individual's skin type with different tips and topical products that are applied during and after treatment. Microdermabrasion offers several benefits, including smoother skin with more even texture, a fresher, more glowing look after treatment, diminished appearance of pores, fine lines and wrinkles, and increased product absorption into the skin. We recommend a series of treatments for best results; your aesthetician can recommend the best regimen for you.

## **CUSTOMIZED SKIN PEELS**

In addition to mechanical exfoliation of the skin by dermaplaning or microdermabrasion, chemical peeling may be used to dramatically improve the complexion and reduce age and sun spots, fine lines, and premature aging. Chemical peels can vary significantly in their intensity and results and are performed in the office by your aesthetician or our physician. Based on your specific skin type and goals, your aesthetician will suggest the most effective and safe skin peel and outline the recovery time, effect and cost.

## **CUSTOM BLENDED PEELS BY PHYSICIAN'S CHOICE**

Blended acid solutions allow for easily customizable treatments. These peels can address almost any skin issue, from hyperpigmentation (brown spots) to wrinkles, active acne and scarring, and textural concerns. Dermaplaning is done with all peels if applicable. 30 minutes, \$95 - 300

## **SKINMEDICA PEEL SYSTEM**

SkinMedica offers a comprehensive Peel System that consists of 3 different chemical peels with different strengths, designed to produce various degrees of exfoliation based on your individual needs. Each peel is suited and well tolerated by all skin types. All three are indicated for treating conditions such as sun damage, fine lines and wrinkles, pigmentary irregularities, acne and acne scarring. Illuminize Peel (\$120), Vitalize Peel (\$140), and Rejuvenize Peel (\$250) are listed in order of strength and peeling effect.

## **VIPEEL**

A corrective blend of powerful peeling agents work synergistically to address multiple skin concerns including acne, fine lines and wrinkles, sun damage and hyperpigmentation. VIPeel is an intense treatment with very little discomfort and minimal healing time. Three to four treatments a year will improve skin tone, texture, and clarity, reduce irregular pigmentation, soften lines and wrinkles, reduce pore size, and stimulate collagen and elastin production for firmer, younger, healthier skin. 30 minutes, \$250. Boost the activity of the VIPeel with the Precision Booster for an additional \$50.

## **ACTINAGE SKIN CLARIFYING SYSTEM**

This mild treatment combines Salicylic acid and Retinol to gently exfoliate dead skin cells and to encourage cell turnover. Other key ingredients include Mandelic acid, which is derived from almonds that has anti-bacterial properties to help clear breakouts; Azelaic acid is a natural substance found in wheat, rye and barley and also has antibacterial properties in addition to reducing inflammation and improving pigmentation. This treatment comes with home care products to enhance the results of the treatment. \$251

## **MELANAGE MINIPEEL SKIN ENHANCEMENT SYSTEM**

Results from Melanage Skin Brightening System may be maintained with Melanage Minipeels, a lighter peel containing a combination of natural fruit acids to help smooth and brighten skin. This peel system also includes home care products (if needed) to enhance results of the treatment. \$251

## **MELANAGE SKIN BRIGHTENING SYSTEM**

Melanage is a unique treatment that uses a mask of high concentrations of prescription strength hydroquinone and retinoic acid to accelerate skin cell turnover and lighten pigmentation that produces dramatic results within 30 days. The mask must be left on for a prescribed amount of time, which will be determined by the aesthetician. Included in the cost of the Melanage Peel is a comprehensive home-care regimen to help amplify and extend peel benefits. The Melanage Peel may be done up to 2 or 3 times per year to combat stubborn pigmentation issues. \$801

## **BLUE PEEL**

The Blue Peel by Obagi uses Trichloroacetic Acid (TCA) blended with the patented Blue Base to produce a deeper yet controlled peel to correct more advanced damage and aging. The Base helps your aesthetician manage the strength and depth of the treatment, which may leave the peeled area blue-tinted for 12-24 hours. This peel does have a recovery period, and may require mild sedation,

depending on patient tolerance. Patients must be prepped on the Obagi NuDerm System for 8-12 weeks before a Blue Peel can be done. The Blue Peel, along with the Obagi NuDerm System is recommended for individuals with very sun-damaged and pigmented skin. 60 minutes, \$575

## OMNILUX COMBINATION LIGHT THERAPY

Omnilux is a device that uses light emitting diode (LED) technology to stimulate the body's own natural healing processes to counteract the effects of aging, reduce inflammation or to treat mild to moderate acne. Research has shown that light from LED's can penetrate deep into human tissue and promote wound healing and human tissue growth. Treatment with Omnilux Light Therapy may be suggested for other conditions including non-melanoma skin cancers, post surgery or treatment, and can even be used to treat muscle and joint pain. LED therapy can be used on its own, or as an add-on to other skin or body care services for maximum benefit. 30 minutes, \$60.

A package of 8 treatments over 4 weeks is optimal to experience exceptional results. Package of 8 treatments, \$360 (\$45 each.)

## CLASSIC SKIN CARE SERVICES

*Take a moment to relax...you deserve it! Our classic services provide the relaxation of a traditional spa treatment with the effectiveness you would expect from the area's most experienced and advanced medical skin care specialists!*

### EVOLV SIGNATURE FACIAL

This customized facial incorporates medically-based products to deep cleanse and hydrate while physician-strength exfoliants immediately improve texture and protect absorption. Warm steam, extractions and massage make this treatment both therapeutic and relaxing. 60 minutes, \$95

### EVOLV URBAN FACIAL

On the run? This express facial includes deep cleansing, exfoliation (dermaplane or enzyme), extractions, mask and hydration. Feel revitalized and ready to face the world. 30 minutes, \$60

### JUST FOR MEN

This relaxing experience is designed specifically for a man's unique skincare needs. Deep cleansing and exfoliation under steam helps to purify the skin and eliminate excess oil. Gentle extractions un-clog the pores and improve texture. A massage and customized mask complete this masculine treatment. 45 minutes, \$60

### BREAKOUT CONTROL TREATMENT

This innovative acne remedy addresses both adult acne and teen breakout. A combination of alpha- and beta-hydroxy acids exfoliates the skin while reducing inflammation and bacteria. Increased circulation will assist in healing existing breakouts. Results are noticeable after just one treatment and subsequent treatments will be preventative. Initial treatment-60 minutes, \$100; Subsequent treatments-45 minutes, \$75

### LYMPHATIC FACIAL

This unique massage technique is commonly performed post-surgically to aid in the reduction of swelling and bruising, relieve stiffness and discomfort, and promote relaxation. Manual Lymphatic Drainage has been proven to aid in the body's recovery and recirculation of body fluids. 30 minutes, \$50

### ENZYME TREATMENT

This soothing treatment is excellent for peeling, dry skin. Gentle enzymes dissolve flaking dead skin cells without irritating even the most sensitized skin. Excellent after deeper chemical peels, IPL or Fraxel laser treatments to expedite the healing process. This is also a great treatment during the initial correction phase of the Obagi Nu-Derm System to minimize peeling and flaking. 45 minutes, \$65

## ADD-ON SERVICES

Add any of the following treatments to your skin care service for your own custom experience:

**ACIDS WITH FACIAL** – get a boost to your facial with this add-on! Your aesthetician will choose the best peel solution to add into your service. 15 minutes, \$15

**DERMAPLANE** – a gentle exfoliation of the top layer of skin, removing dead skin cells and fine hair on the face. 15 minutes, \$25

**PARAFFIN DIP** – a wonderful treat for the hands or feet, keeps skin hydrated, soft and so smooth. 15 minutes, Hands - \$15, Feet - \$15, Both - \$28

**WAXING** – did you know our aestheticians can wax brows or lip while you have your treatment? No need to go anywhere else! Price and time varies according to area.

**LASH OR BROW TINTING** – darkens light lashes and brows; great for those who prefer not to wear mascara or draw in brows every day. 15 minutes, \$15 each

**OMNILUX LED LIGHT THERAPY** – combinations of red and infrared light can be used to treat signs of aging (lines and wrinkles), or blue and red light can be used to treat acne and inflammation. Adding LED Therapy to a peel or other facial treatment can produce optimum results. 30 minutes, \$50

**DIAMOND TOME INFUSION MICRODERMABRASION** – prepare your skin to receive any classic or corrective skin care service or quickly improve complexion and skin tone with our advanced microdermabrasion system. Your aesthetician can help determine a potent customized serum infusion for any skin type. 30 minutes, \$50.

## MAKEUP SERVICES

### COLOR MATCH

One of our makeup artists will match you up with your perfect shade and type of base. 15 minutes, no charge.

### MAKEUP LESSON/CONSULTATION

Clueless about makeup or just need a new look? One of our makeup artists will spend a half-hour showing you the best colors for your skin tone and techniques that work wonders. 30 minutes, \$30. Purchase any three makeup items and the service is complimentary!

### MAKEUP APPLICATION

Have a special occasion you need to look your best for? Let one of our professionals handle it, all you need is something great to wear...60 minutes, \$65.

## PERMANENT MAKEUP

*Permanent Makeup, also called Micropigmentation, is a procedure in which natural pigments are inserted into the skin. Special equipment and dyes are used for this procedure, which is performed under local anesthetic. Permanent cosmetics provide a solution to those with allergies to cosmetics, thinning brows or lashes, chemotherapy and alopecia patients, those with oily skin which causes makeup to smudge, or those with active lifestyles. A consultation is required prior to the procedure; the \$50 charge for the consultation will be deducted from the total cost.*

Upper Liner - \$300

Upper and Lower Liner - \$500

Camouflage - varies

Lower Liner - \$300

Eyebrows - \$600

Full Lips - \$750

## EYELASH EXTENSIONS

This semi-permanent procedure enhances the thickness and length of your natural lashes. Lash extensions should only be applied by a professional, and each lash is adhered one by one to your natural lashes using a long-lasting adhesive. Since your eyelashes have a natural growth and shedding cycle, your extensions will need to be touched up every two to three weeks.

**INITIAL APPLICATION** - \$250

**TOUCH-UP** - \$75-100 depending on the number of lashes needed

## LASER AND LIGHT-BASED TREATMENTS

*A consultation with Dr. Barone, along with our nursing and aesthetics staff is necessary to determine if you are a candidate for laser and light-based treatments, with the exception of Laser Hair Reduction. Prices vary according to treatment.*

**OMNILUX COMBINATION LIGHT THERAPY** – Omnilux is a device that uses LED technology to work with the body's own natural healing processes to counteract the effects of aging or to treat mild to moderate acne. Research has shown that light from LED's can penetrate deep into human tissue and promote wound healing and human tissue growth. Treatment with Omnilux Light Therapy may be suggested for other conditions including non-melanoma skin cancers, post surgery or treatment, and can even be used to treat muscle and joint pain. LED therapy can be used on its own, or as an add-on to other skin or body care services for maximum benefit. 30 minutes, \$60. A package of 8 treatments over 4 weeks is highly recommended for exceptional results. Package of 8 treatments, \$360 (\$45 each.)

**LASER HAIR REDUCTION** – reduce unwanted hair quickly and effectively, with less discomfort than traditional hair removal methods. Light Sheer by Lumenis is generally the laser of choice for hair reduction; however we also offer two additional methods to safely reduce hair. A consultation with our Registered Nurse Laser Specialist will determine which method of hair reduction is safest for your skin type. The \$35 consultation fee will be deducted from your first treatment. \$100 per 15 minutes of laser treatment with a minimum fee of \$50.

**ULTHERA** – Ultherapy is a new non-surgical technology for achieving facial skin tightening and lifting. This innovative system uses unique focused ultrasound technology to apply sound waves to skin and deeper tissues, which encourages new collagen production and regeneration of the skin. Sound waves also allow the provider to visualize the area to be treated, which ensures a uniform application of energy for consistent results. Results begin immediately and continue improving for about 90 days. Areas that respond best to treatment include the lower face and neck, around the eyes, and the forehead.

**INTENSE PULSED LIGHT (IPL)** – rejuvenate your skin with this safe, minimally-invasive light-based technique. IPL helps to correct a variety of skin conditions including rosacea, broken vessels and dark spots caused by sun damage. Additionally, IPL helps to reduce fine lines and wrinkles and is a safe method of hair reduction.

**PHOTODYNAMIC THERAPY** – uses a photosensitizing agent (either Levulan or Metvixia) to treat conditions such as acne and precancerous lesions called actinic keratosis. ALA is applied to the specific treatment area and allowed to incubate for a prescribed period of time. The area is then exposed to a select wavelength of light using either the BLU-U or IPL to activate the ALA. PDT is generally done in a series of treatments for best results, and can also provide cosmetic benefits such as improved skin tone, appearance of pores, and fine lines.

**ND: YAG LASER** – used to treat a variety of conditions including prominent and spider veins, hemangiomas, telangiectasia, and other vascular lesions. Additionally, Nd: YAG laser is a safe method of hair reduction for individuals with darker skin.

**FRACTIONAL LASER TREATMENTS** – these specialized lasers target a pinpoint “fraction” of skin to be treated while leaving untouched islands of skin to aid in the healing process. Fractional Skin Resurfacing effectively reduces fine lines and wrinkles, improves pigmentation and scarring, and provides mild skin tightening. Research has shown that fractional lasers actually stimulate new collagen growth for up to six months following the last treatment. We offer two fractional lasers to meet your individual resurfacing needs according to your skin type and lifestyle.

**FRAHEL** – an Erbium: YAG laser recommended for the individual looking for a less invasive series of treatments performed over a period of time that leaves skin looking refreshed and revitalized.

**ULTRAPULSE ENCORE (ACTIVE FX, TOTAL FX)** – a carbon dioxide laser that provides the ultimate in laser resurfacing for the individual who desires a more definitive result. Because FX is so effective, generally only one treatment is necessary. Total FX is one of the most promising treatments for improving acne scars and deeper wrinkles.

## MASSAGE AND BODY THERAPIES

*Experience what compassionate touch can do for your body, mind, and spirit. Our body therapies are designed to provide the ultimate in relaxation, setting the stage for your body to detoxify and repair itself— the natural way. At evolv, our licensed massage therapists have completed extensive training in a variety of modalities and body therapies giving us the ability to offer comprehensive massage and body therapy packages for stress relief, chronic pain and other conditions customized to your individual needs.*

### EVOLV SIGNATURE MASSAGE

Melt away stress with the light, rhythmic strokes and pampering of a Swedish massage, or allow your therapist to tackle sore muscles and chronic aches with a deeper, more therapeutic approach. Your customized experience will relieve stress, stimulate circulation, and detoxify the body, restoring harmony and balance into your world. 30 minutes, \$55; 50 minutes, \$75; 90 minutes, \$120

### AROMATHERAPY MASSAGE

The power of essential oils is used in this therapy to help treat specific health issues such as stress and anxiety, migraine headaches, sinus problems, arthritis, fibromyalgia and more. Your therapist will blend a customized formula of essential oils to use in your treatment. When your massage is complete, take your customized blend home with you for maximum benefits. 50 minutes, \$90

### PREGNANCY MASSAGE

Our experienced massage therapists use gentle pressure to relieve back and sciatic pain - two common complaints of expectant mummies! Special attention is also given to the legs to ease muscle cramping. We expect this treatment to be at the top of every mother-to-be's to-do list! 50 minutes, \$85

### LASTONE THERAPY

This exquisite treatment uses stones for work on the body and for placement under and on the body during treatment. Alternating the application of heated and chilled stones to the body maximizes the effect of the stones. This massage can be therapeutic and relaxing, while increasing circulation, reducing inflammation, and releasing tension. 75 minutes, \$115

### THAI HERBAL THERAPY

This is truly a one-of-a-kind treatment! Our therapists incorporate an ancient Thai technique into a therapeutic massage. A blend of herbs in a gauze fabric ball is soaked in a warm solution and is used as a compress on different areas of the body. This technique uses acupressure along energy force lines and helps to increase circulation, draw out toxins, and produces an anti-inflammatory effect. Also provides a nice exfoliation of the skin. This treatment is available exclusively at evolv medical aesthetics. 50 minutes, \$90

## **THAI HERBAL THERAPY - HEAD, NECK, SHOULDERS AND FACE**

A mini-version of the original - the ultimate in relaxation and herbal anti-inflammatory treatment! 30 minutes, \$65

## **MIGRAINE THERAPY MASSAGE**

This specialty massage technique attempts to determine the cause of each individual's migraine triggers (environment, hormones, food allergies, and stress) and then treats with a specific essential oil blend tailored to that trigger. This treatment can be done preventatively or during a migraine attack. Specific precautions are taken to aid in the patient's comfort – dimmed lights, no music. Cold stones and gentle touch to pressure points help to relieve pain and inflammation. 45 minutes, \$55

## **MANUAL LYMPHATIC MASSAGE**

A specially trained therapist applies a gentle, rhythmic touch, which stimulates the immune system and parasympathetic nervous system. This advanced technique increases circulation, releases toxins, promotes healing of tissues, and provides relief from swelling and bruising. Manual Lymphatic Massage also relieves chronic pain and encourages healthy skin functionality. This treatment is an excellent choice for after surgery and for deep relaxation. 30 minutes, \$50; 45 minutes, \$75

## **ULTRASOUND THERAPY**

Therapeutic ultrasound is used by therapists to treat soft tissue injuries. Ultrasonic waves are utilized on the surface of the skin to promote the healing capabilities of soft tissue. This procedure reduces pain, muscle spasm, bruising, and scar tissue on any part of the face or body. 30 minutes, \$30

## **REFLEXOLOGY**

Reflexology is a science based on the principle that there are reflex areas in the feet and hands which correspond to all parts of the body, including bones, muscles, glands, and organs. This treatment relieves stress and tension, improves blood supply, and helps the body achieve homeostasis. 30 minutes, \$50

## **SABAI BODY POLISHING SCRUB**

Experience pure bliss with our exotic exfoliating scrub. Your massage therapist will exfoliate the skin with a deliciously scented scrub that smoothes away dull surface cells and rejuvenates with hydrating jojoba, avocado and sunflower oils. Next your body will be bathed in warm towels, hydrating lotions and essential oils. This is a wonderful treatment for dry skin or before a special occasion when you want your skin to look and feel radiant, smooth and renewed. 30 minutes, \$65

## **SABAI FOOT SCRUB**

The perfect complement to a reflexology session! This treatment begins with a relaxing soak, followed by a mud exfoliation and massage. Application of a fragrant foot hydrator completes the treatment. Choose between a scalp massage or a hand and arm massage while you soak! 30 minutes, \$55

## **ROSEMUD HYDRATING COCOON WRAP OR DETOXIFYING MUD WRAP**

This treatment begins with body brushing to aid absorption through the skin. Mud is then applied to the body, and while you masque in the cocoon-like wrap your therapist will treat you to a relaxing scalp and foot massage. The mud is removed with warm, damp towels and the treatment is completed with an application of a hydrating lotion. This wrap has both extreme moisturizing and cleansing properties. 60 minutes, \$95

## **PRODUCTS**

We use only the most proven safe and effective skin and body care products at evolv Medical Aesthetics. The majority of the products that we provide to our patients are dispensed through physicians only, and all are thoroughly tested by the staff before we make them available to you.

Please feel free to stop by the office to browse our full selection of products. We are open Monday, Tuesday, Wednesday and Friday from 8:30 to 5 and Tuesday from 8:30 to 7.

## **SKIN CARE PRODUCTS**

We recommend you have a thorough skin consultation and evaluation with one of our medical aestheticians before beginning an at-home skincare regimen. Our aestheticians use a combination of their training and expertise with the precision of VISIA Complexion Analysis to build a customized routine for your skin type and concerns. Some of our skincare products such as hydroquinones and Retin-A are available by prescription only, therefore a consultation with an aesthetician is required before these products can be purchased.

evolv carries our own brand of skin care products, and also products by the following companies: SkinMedica, Obagi, NIA 24, La Roche Posay/Biomedica, Biopelle, and Clarisonic.

## MAKEUP

Mineral cosmetics have been gaining popularity in the past few years due to all the benefits it provides to the skin. We are proud users of Jane Iredale® mineral cosmetics because of the passion and care they bring to the skin care industry. Jane Iredale does not formulate with FD&C dyes, chemical preservatives or synthetic fragrances, and avoids using fillers such as talc. Their goal is to keep the formulas “as effective, simple, and natural as possible.” Jane’s products are easy to use and give the skin a flawless, glowing look. Mineral powders act as a foundation, concealer, powder and sunscreen all in one product. All mineral makeup is non-comedogenic, meaning it won’t clog your pores. It is also made of inert ingredients that do not support bacteria growth as traditional cosmetics can. Jane Iredale’s skin care makeup products can even be used on sensitive or post-treatment skin, because they are made with beneficial ingredients that help to calm and soothe the skin.

## BODY CARE PRODUCTS

At evolv, we select only the best body care products for our in-office therapies and retail. Luxurious formulas from Biotone®’s spa line are our favorite for everyday exfoliating and moisturizing needs, and are available in three delicious scents: Milk and Honey, Mango and Mandarin, and Pomegranate and Cranberry. Post-procedure patients benefit from remedies by Boiron and Biopelle for bruising and swelling and by Scarguard MD for scar care. We also have a high-quality collection of products to treat extremely dry skin and sun-damage and hyperpigmentation on the body from Topix Pharmaceuticals, NIA24, and SkinMedica.

## VITAMINS AND SUPPLEMENTS

At evolv Medical Aesthetics, we know that there are essential vitamin supplements that everyone should take for optimal health and wellness. Because the quality and effectiveness of nutritional supplements can vary greatly, we have been working with Metagenics, the leader in nutritional research and certified high-quality supplements.

We also believe in comprehensive pre- and post-operative nutritional support for plastic surgery patients, and for this we recommend Vitamedica’s Surgery Program. This program contains nutrients that help our surgery patients heal faster with less bruising, help boost the immune system and prevent infection. The specialized formulas include ingredients such as Vitamin A, C, and K that support healing, and exclude ingredients such as Vitamin E that should not be taken around the time of your plastic or cosmetic surgery.

# GUEST GUIDELINES

*To ensure that each guest has a stress-free experience, please consider the following guidelines and suggestions.*

Your appointment time is reserved especially for you. Adequate time is necessary to give all our patients the personal experience that we require to maintain our level of care. We request that any cancellations or changes are made at least 24 hours in advance.

As a courtesy to following guests, late arrivals may be asked to reschedule. It will be left to the discretion of the service provider whether she can accommodate your service within the remaining appointment time.

If you are new to evolv, we ask that you arrive 10 to 15 minutes early for your appointment. This will give you enough time to fill out the necessary paperwork without cutting into your scheduled time with your provider.

While tipping your service provider is not necessary, it is welcome and acceptable in order to show your appreciation for an excellent treatment or service.

For more information on evolv medical aesthetics and Frank Barone, MD Plastic Surgery, please visit [www.frankbaronemd.com](http://www.frankbaronemd.com).

## HOURS OF OPERATION:

Monday	8:30 am to 5:00 pm
Tuesday	8:30 am to 7:00 pm
Wednesday	8:30 am to 5:00 pm
Thursday	8:30 am to 5:00 pm
Friday	8:30 am to 5:00 pm
Saturday	first Saturday of the month; 9:00 am to 3:00 pm